

Winning Strategies



Student Activity

7 8 9 10 11 12



What makes a winning football team?

“The most fertile source of insight is hindsight.”¹ Last football season may be finished but statistical information can provide insights with regards to successful strategies in subsequent seasons. Commentators often claim that a team is hand-balling too much. Screams of “kick it” from the crowd echo frustrations when a team is not moving the ball forward. Is there any evidence to support a correlation between hand-ball frequency during a game and a team’s success or failure? What about marks, contested marks or kicks; which statistics provide the strongest correlation with a team’s on field success? Teams employ statisticians to provide evidence rather than anecdotal observations and emotional responses to ensure decisions and strategies are well informed.

The TI-Nspire file: “Winning Strategies” contains data on each AFL team corresponding to the 2016 home and away season. The data has been sourced from the AFL website². In this investigation you will use statistics to identify which game play characteristics have the strongest correlation with a team’s final home and away ladder position³ in the 2016 season. Different ladder placements may be occupied by teams with an equal quantity of wins for the season, so ‘win’ has also been included in the data. From a strategic perspective, the strength of the correlation is not the only consideration. When analysing the data, consider the evidence carefully and in context. Ideas, suggestions and information relating to the data are included in the Glossary.

Available Data

Open the TI-nspire file “Football Regression”.

Navigate to page 1.2.

Team Alphabetical listing of the AFL teams.

Ladder Refers to the team’s final ladder position (1 to 18) at the conclusion of the home and away season.

Wins Number of games won during the home and away season.

Details on each column are contained in the Glossary section.

A screenshot of a TI-Nspire calculator screen displaying a table with four columns: 'team', 'position', 'wins', and 'kicks'. The table lists the top 5 teams from the 2016 AFL season. The first row is highlighted in blue.

| | A team | B position | C wins | D kicks |
|---|-------------|------------|--------|---------|
| 1 | Adelaide... | 5 | 16 | 220.7 |
| 2 | Brisbane... | 17 | 3 | 184.2 |
| 3 | Carlton | 14 | 7 | 204.4 |
| 4 | Collingw... | 12 | 9 | 204.5 |
| 5 | Essendo... | 18 | 3 | 206 |



Do not attempt to sort individual columns, this will disassociate the team with their corresponding data. When statistical plots are generated they automatically display in the appropriate order based on the data represented on the x axis.

¹ Morris Kline

² <http://www.afl.com.au/stats>

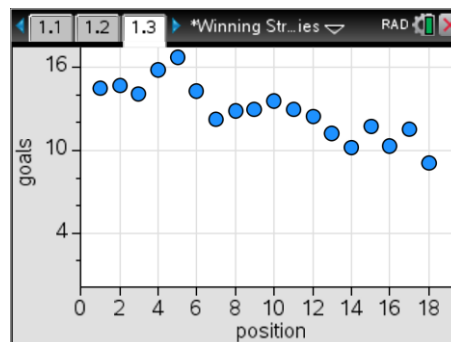
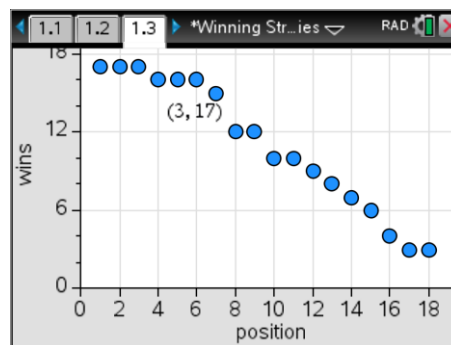
³ Ladder Position – Refers to end of ‘home and away’ season, all games up to but not including finals.

Page 1.3 contains a Scatter Plot of each team's ladder position versus the number of wins for the season. Logically a strong correlation must exist between these two variables. Teams with the same number of wins however can occupy different positions on the ladder based on their percentage.

One of the data points: (3, 17) and the two points to the left illustrate that the first three positions on the ladder were occupied by teams with the same quantity of wins. Furthermore, 4th, 5th and 6th position on the ladder were occupied by teams with 16 wins each!

Changing the dependent (y) axis to 'goals' shows that a reasonable correlation exists between ladder position and the number of goals kicked per game. This is a reasonable assumption as a team's score relative to their opponents determines whether they win or lose a game.

The graph shows that Greater Western Sydney (4th) and Adelaide (5th), on average, scored more goals per game than the top three sides.



Kicking Goals

"The formula is simple, if you don't kick enough goals, you don't win!" This statement has been made by many commentators during a game and by coaches in their post-match press conferences. This is essentially true for a single game; however, is it true for the whole season?

Question: 1.

Describe the correlation between the average number of goals and ladder position.

Question: 2.

Describe the correlation between the average number of goals and the corresponding number of wins.

Question: 3.

Explain the difference between your responses to Questions 1 and 2.

Coaching without Ignorance

Modern coaches are provided with streams of data on game day and during post-game analysis. On game day it is important to know where the team's strengths and weaknesses lie. If the team is being beaten at the centre bounce, it may be time to swap out the ruck, but how important is this statistic? Are there more influential plays that determine a team's success?

Question: 4.

Determine which statistic you will use for your independent (x axis): wins or ladder position. Select five different game statistics (handballs / bounces / clearances etc...) and generate a scatter plot for each.

- Based on estimation rank your selected game statistics in order of their correlation strength. (Highest to Lowest)
- Describe the direction, form and correlation strength for each scatter plot.

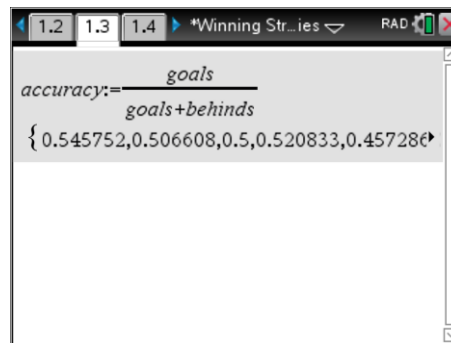
Statistics can be combined to form a more inclusive view of what is happening during a match. A very simple example is to consider whether a team is accurate in front of goals.

The percentage of scoring shots that result in goals can be calculated by:

$$\frac{\text{goals}}{\text{goals} + \text{behinds}}$$

This can be computed either in a calculator application or in the spreadsheet. The instructions shown opposite are for a calculator application. A new list called “accuracy” is now available.

Note: This accuracy does not include shots on goal that may have completely missed their target and gone out of bounds or simply did not reach their target; nor does it take into account ‘rushed behinds’.



Question: 5.

Accuracy or lack thereof is often linked with team success. Comments such as “that miss may cost them later in the game”, particularly in close matches places increased pressure on a team to ensure they do not waste scoring opportunities. Using the ‘accuracy’ data, determine the strength of this correlation with your selected independent variable and comment on the result.

Question: 6.

Construct at least three other sets of logically concatenated data to form alternative data sets. Use the same selection for the independent axis and generate scatter plots for each of the new data sets.

- a. Justify each of your concatenated data sets.
- b. Rank the new data sets in order of their correlation strength. (Highest to Lowest)
- c. Describe the direction, form and correlation strength for each scatter plot.

Quantifying Correlation

Pearson’s Product-moment Correlation Coefficient provides a quantitative measure of the strength of the linear relationship between two variables. This value can be displayed on the screen with the corresponding equation by switching on the diagnostics option.

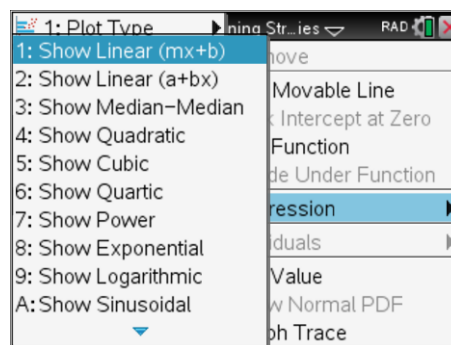
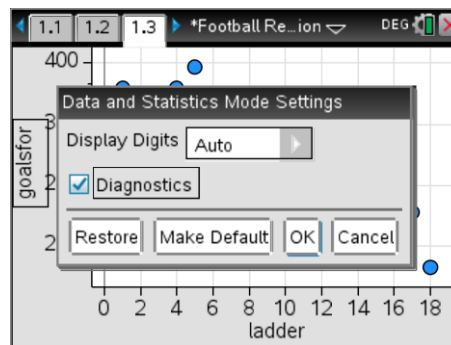
While in the **Data and Statistics** application (Page 1.3), use the menu key to access:

> Settings

Check the box for **Diagnostics** then select OK (or Make Default)

Linear regression can be used to determine a ‘line of best fit’ for the data and the r² value will quantify the strength of the correlation.

When the axis data selection is changed the equation and corresponding correlation coefficient are automatically updated.



Question: 7.

Question 4 required you to estimate the strength of each correlation. Next to each of your graphs in Question 4 include the Least Squares Regression equation (line of best fit) and the corresponding correlation coefficient.

Question: 8.

Question 6 required you to estimate the strength of each correlation. Next to each of your graphs in Question 6 include the Least Squares Regression equation (line of best fit) and the corresponding correlation coefficient.

Question: 9.

The AFL determines a team's percentage by calculating the total score for the team in question and dividing it by the total score of their opposition. While the figures supplied in this spreadsheet reflect the average for each game, the percentage can still be computed by using the formula below: (PA = average Points Against)

$$\text{percent} := \frac{6 \times \text{Goals} + \text{Behinds}}{PA}$$

- Graph 'percent' vs 'position' and include a Least Squares Regression line.
- Describe the strength of the correlation and identify any values (teams) that may be outliers.
- Use the regression equation to determine an appropriate 'percentage target' for any team or teams that were well below those predicted by the least squares regression line.

Investigation – The mysterious 19th Team

Imagine an additional team existed in 2016 called the Tasmanian Devils. Unfortunately only some of the team's data was recorded. The available data includes:

Accuracy: 54%

Percentage: 105%

Average Disposals per game: 360

Centre Clearances per game: 13

Frees Against per game: 21

Frees For per game: 20
















Marks inside 50 per game: 12.2

Contested Marks per game: 11.4

Based on the information above; estimate the number of wins and corresponding position on the ladder for the Tasmanian Devils team. (Justify your estimate.)






Glossary of Statistical Information

Additional statistical measures can be generated from this data. For example, the number of disposals is simply the sum of kicks and handballs, these are referred to as concatenated data.

| Data (List) | Description |
|--|--|
|  Position | Position on the ladder at the end of the home and away season. (1 = Top) |
|  Wins | Teams holding different ladder positions may have the same number of wins, differing only by percentage. |
|  Kicks | Average number of kicks per game. |
|  Handballs | Average number of handballs per game. |
| | The average number of handballs and kicks can be combined to produce the average number of disposals per game: disposals = handballs + kicks |
|  Bounces | The average number of bounces can give an indication of the amount of 'running' a team does during a game. Teams also use GPS tracking to determine the distance a player moves during a game. |
|  Marks | This statistic can be controversial. If teams pass the ball around a lot in what is often referred to as 'transitioning play' or to 'maintain possession', can become a 'cheap' statistic. |
|  Marks in 50 | Marks inside a teams forward 50 are rarely about maintaining possession, they generally represent either a penetrating kick from outside the 50m arc or an attempt to gain a better shooting angle. |
|  Hit outs | There is no doubt a team cannot play without a ruck, but just how effective is a good ruck? Their job is to ensure the ball is tapped directly to their team mates at each bounce of the ball. |
|  Free For | This data represents free kicks awarded to a team and often generate an enormous amount of angst amongst supporters, 'we were robbed' is often the claim, but does it really effect a team's success? |
|  Free Against | Free's against are equally as controversial as Free's for when it comes to a supporter's perspective. So the question remains, does the data support a correlation between free kicks and a teams success? |
| | A new measure called 'favour' can be created using the tallies of Free For and Free Against. Dividing Free For by Free Against provides an indication of how much advantage may have been generated by umpiring decisions. |
|  Tackles | This is a very interesting statistic! In order to rate high on this statistic a team cannot be in possession, however there is no doubt that a team that tackles fiercely wins possession. So, does a high tackle rate count for anything? |
|  Clearances | Perhaps a measure of the effectiveness of a team's hit-outs. This statistic refers to when a team manages to clear the ball away from a bounce anywhere on the ground. |
|  Centre Clearance | A subset of the clearance statistic, this focuses specifically on the centre ball bounce after a goal. |
|  Goals | Goals (6 points) scored per game. |
|  Behinds | Behinds (1 point) scored per game. |

The average number of points 'for' can be obtained by adding up the behinds and six times the average number of goals.

A measure of a teams accuracy for goal can be determined by dividing the average number of goals per game by the average number of scoring shots. Note that this does not account for the number of times the ball was missed completely or whether the opponents rushed a behind (point).

-  **Points Against** Points against is the combination of goals (6 points each) and points a teams opponents scored.
-  **Interchange** Number of times per game that a player or players are taken on/off the bench.
-  **Marks Contested** A contested mark is where an opposition player has the opportunity to interfere with the person marking the ball.
-  **Clangers** Fundamental player errors. These may be very frustrating for the coach and supporters, however they often relate to the amount of pressure the opposition side is applying.
-  **Contested Possession** When neither team has clear possession of the ball it is deemed to be 'in-dispute'. When a team comes away with the possession after a ball has been in-dispute it is referred to as a contested possession.

Game statistics can be concatenated to produce a single measure. Contested marks, contested possessions and tackles may be combined to give an overall picture of how aggressive a team may have been.